

### *Example Calculations*

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# **Example Calculations are Based on NCRP Report No. 151**

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TRUCTURAL SHIELDING<br>JESIGN AND EVALUATION<br>OR MEGAVOLTAGE<br>- AND GAMMA-RAY<br>ADIOTHERAPY FACILITIES

**NCRP** 

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- **Report Title: "Structural Shielding Design and Evaluation for Megavoltage X- and Gamma-Ray Radiotherapy Facilities"** – **Released December 31, 2005**
- **Calculations here illustrate the NCRP 151 recommendations**
- **Previous NCRP reports are also cited in some cases** – **e.g., NCRP 51 and NCRP 79**

**Detailed example calculations can be found at: http://www.therapyphysics.com/WC2009\_Examples.pdf**

**Detailed example calculations can be found on web site** 

# Page 3 **BJR #11 megavoltage (MV) definition used here** – **British Journal of Radiology (BJR) Supplement No. 11 Comparison of BJR #11 and BJR #17 MV definitions Linear Accelerator Energy** BJR #11 MV 4 6 10 15 18 20 24 BJR #17 MV 4 6 10 16 23 25 30

### Page 4 **NCRP 151 Recommended Workload [1 of 2]**

### **Workload (W)**

– **"Time integral of the absorbed-dose rate determined at the depth dose the depth of the maximum absorbed dose, 1 m from the source"**

- **450 Gy/wk maximum weekly workload cited in NCRP 151**
	- **Kleck (1994)**
		- » **Maximum 350 Gy/wk for 6 MV**
		- » **Maximum 250 Gy/wk at high MV for dual energy**
	- **Mechalakos (2004)**
	- » **Maximum 450 Gy/wk for 6 MV single-energy**
	- » **Maximum 400 Gy/wk for dual energy**
	- **NCRP 151 Section 7 examples assume 450 Gy/wk at high MV**

**450 450 Gy / wk absorbed dose is the default weekly workload Gy / wk absorbed dose is the default weekly workload**

### **NCRP 151 Recommended Workload [2 of 2] NCRP 151 Recommended Workload [2 of 2]**

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- **30 patients treated per day is default assumption**
	- **NCRP 151 default recommendation for busy facility**
	- **Can also base on a conservative estimate influenced by factors such as historical workload and demographics** » **e.g. lower patient workload for facility in small town**

# **3 Gy absorbed dose per patient treatment default**

- **Assumption used in NCRP 151 Section 7 examples**
- **Consistent with 450 Gy/wk with 30 patients treated per day**
- » **450 Gy/wk = 5 treatments/wk/patient x 3 Gy/treatment x 30 patients**
- **Equivalent to 219 cGy treatment fraction (0.73 tissue maximum ratio)**
- » **Intentionally somewhat conservative (compared to ~200 cGy fraction) since no specific allowance for quality or maintenance workload** – **Can be based on direct knowledge of accelerator use instead**
- » **But preferable to stick with the NCRP 151 default**

**450 450 Gy/wk is consistent with 30 patients & 3 Gy/treatment Gy/wk is consistent with 30 patients & 3 Gy/treatment**

# **Workload Assumptions for Dual Energy Linear Accelerators**

- **Preferable to assume full 450 Gy/wk workload is at the higher energy**
	- **Simpler, more conservative calculation**
	- **Appropriate for new construction**
- **For existing construction, dual-energy calculation may be appropriate**
	- **If modifications to existing vault are difficult and size constrained** – **Split 30 patient workload to ensure at least 250 Gy/wk at higher MV** » **With 17 patients, 255 Gy/wk at higher MV**



# **Radiation Protection Limits**

- **Shielding Design Goal (P)** 
	- **Level of dose equivalent (H) used in the design calculations**
	- **Applies to barriers designed to limit exposure to people**
	- » **Limiting exposure to unoccupied locations is not the goal**
	- **Stated in terms of mSv at the point of nearest occupancy**
- **NCRP 151 recommended values for shielding design goal**
	- **0.10 mSv/week for controlled areas**
	- **0.02 mSv/week for uncontrolled areas**
- **Lower values may be applicable in your country**

### **Controlled Areas**

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- **Limited-access area in which the occupational exposure of personnel to radiation or radioactive material is under the supervision of an individual in charge of radiation protection**
- **Access, occupancy and working conditions are controlled for radiation protection purposes**
- **Areas are usually in the immediate areas where radiation is used, such as treatment rooms and control booths, or other areas that require control of access, occupancy, and working conditions for radiation protection purposes**
- **The workers in these areas are those individuals who are specifically trained in the use of ionizing radiation and whose radiation exposure is usually individually monitored**

### **Uncontrolled Areas**

- **All other areas in the hospital or clinic and the surrounding environs**
- **Trained radiation oncology personnel and other trained workers, as well as members of the public, frequent many areas near controlled areas such as examination rooms or restrooms**
	- **Choice of appropriate occupancy factors ensures the protection of both those who are occupationally exposed as well as others who might be exposed in these areas**

# **Radiation Protection Limits for Locations**

### **Protected location**

- **Walls: 0.3 m beyond the barrier**
- **Ceilings: 0.5 m above the floor of the room above the vault**
	- **Floors: 1.7 m above the floor of the room below**
- **Permissible dose at protected location depends on occupancy**
- *Occupancy factor (T):* **Fraction of time a particular location may be occupied**
- **Maximum shielded dose rate at protected location: P/T** – **Assuming occupancy factor T for protected location**

**Max shielded dose rate traditionally referred to as P/T** 

# **NCRP 151 Recommended Occupancy**

- **T=1: Areas occupied full-time by an individual) e.g. administrative or clerical offices; treatment planning areas, treatment control rooms, nurse stations, receptionist areas, attended waiting rooms, occupied space in nearby building**
- **T= 0.5: Adjacent treatment room, patient examination room adjacent to shielded vault**
- **T = 0.2: Corridors, employee lounges, staff rest rooms**
- **T = 0.125: Treatment vault doors**
- **T = 0.05: Public toilets, unattended vending rooms, storage areas, outdoor areas with seating, unattended waiting rooms, patient holding areas, attics, janitor's closets**
- **T = 0.025: Outdoor areas with only transient pedestrian or vehicular traffic, unattended parking**

# **Occupancy Factor Selection**

- **For interior locations, T=1 and T=0.2 are most common** – **T = 1 for work locations**
	- **T = 0.2 for locations not occupied continuously**
- **For exterior locations, T = 0.05 is most common**
- **T < 1 now appropriate for some controlled locations** – **Use with T = 0.125 for vault entrance with caution: any higher occupancy location further away must also be protected**
	- **T = 0.5 for adjacent vault appears to be reasonable assumption**
- **Select T = 0.05 for interior locations with caution** – **Should be very unlikely to be occupied (storage, attic, closets) Should be very unlikely to be occupied (storage, attic,**
- **T = 0.025 for exterior locations with restricted access** – **NRC hourly limit is more constraining for unrestricted locations**

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# **Use Factor Use Factor**

 *Use Factor* **(U) is the fraction of the workload for which the primary beam is directed at the barrier in question**

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- **Traditionally U = 0.25 for lateral barriers, ceiling, & floor**
- **U = 0.1 for tapered portions of ceiling barrier (Example 11)**
- **Applies to primary barrier calculations, usually not secondary**
- **NCRP 151 Table 3.1 below consistent with these values** – **TBI may require deviation from these values**





– **Unlike primary barriers, generally no need for extra margin**

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No data in NCRP 151 for steel leakage TVL.<br>NCRP 51 Figure E.13 implies steel leakage TVL should be less than primary.<br>Rationale for 96 mm steel TVL based on Varian document #12004 on next chart.

# **Intensity Modulated Radiation Therapy (IMRT)**

- **IMRT requires increased monitor units per cGy at isocenter**
	- **IMRT ratio is the ratio of MU with IMRT per cGy at isocenter**
- **Percent workload with IMRT impacts shielding** – **50% typically assumed; 100% if vault is dedicated to IMRT**
- **Account for IMRT by multiplying workload by IMRT factor** – **IMRT Factor = % IMRT x IMRT ratio + (1 - % IMRT)**
- **Leakage Workload:**  $W_L = W \times MRT$  Factor – **WL replaces W in leakage unshielded dose calculation with IMRT**
- **Lower IMRT factor appropriate for neutrons if calculate shielding at the higher MV for a dual MV machine**

# **IMRT Ratio Typical Values**



- **Typically assume 50% of treatments with IMRT** – **Pessimistic assumption for dual energy machine since most IMRT done at lower energy (e.g., >75% at 6 MV, <25% at 18 MV)**
- **Neutron IMRT factor (applicable to dual energy) assumes IMRT equally at high and low energy**
	- **Since most IMRT is done at the lower energy, an even lower neutron IMRT factor may be appropriate**



# **Neutron Leakage TVL**

- **TVL recommendation based on NCRP 79** – **TVLn = 155 + 56 \* Neutron MV for concrete** » **211 mm at 1 MV is traditional neutron leakage TVL for concrete**
	- **TVLn = 62 + 34 \* Neutron MV for borated polyethylene (BPE)** » **96 mm at 1 MV is traditional neutron leakage TVL for BPE**

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- **Estimate other material from concrete or BPE based on hydrogen content**
- **Lead and steel provide negligible neutron attenuation**





- » **Primary beam adds to patient MV and scatter angle in NCRP 151 Table B.6**
- **scatter at small scatter angles**

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# **Use Factor (U) and Scatter**

- **Use Factor is typically taken as 1 for secondary calculations**
	- **Invariably true for leakage calculations**
- **Scatter is significant only for secondary barriers immediately adjacent to primary barriers**
	- **Scatter is negligible for all other orientations**
	- NCRP 151 : "However, if the [scatter] calculation is performed with the minimum<br>angle of scatter from the patient to the point of calculation and a use factor of 1 is<br>also used, the barrier thickness will be overestimate
- **Sometimes appropriate to apply use factor to scatter** – **U = 0.25 may be appropriate if scatter angle < 35º**
	- » **i.e., secondary barrier immediately adjacent to primary barrier**
	-
	- » **U=0.25 best used only for retrofit (to avoid unnecessary modifications) or if there are severe space constraints**
	- Otherwise  $U = 1$

# **NCRP 151 Table B.4 Patient Scatter Fraction for 400 cm2 Field**

- **Scatter fraction increases as angle decreases**
- **Scatter fraction vs MV may increase or decrease**
- **Tends to increase with MV at small scatter angles** – **Decreases with increasing MV at large scatter angles**







# **Example 1: Direct Shielded Door Thickness Calculation [1 of 2]**



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**Example 2: Direct Shielded Door Far Side of Example 2: Direct Shielded Door Far Side of Entrance Shielded Dose Rate Calculation [2 of 3]**

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### Page 36 **Direct-Shielded Door: Near Side of Entrance Neutrons / Capture Gammas**

- **Geometry similar to short maze** – **Therefore reasonable to apply maze calculation**
- **Geometry is not exactly the same as a short maze**
- **Also reasonable to include margin since maze calculation may underestimate neutron dose rate**
- **Neutrons & capture gammas dominate scatter for MV** ≥ **10**
- **Requires less material than far side of entrance**
- **Lower unshielded dose rate**
	- **Lower energy**



### Page 37 **Steps in Maze Neutron and Capture Gamma Calculation**

**Isocenter**

**dL**

**dW**

**A d2**  $\int_{0}^{4} dx$ 

**d1**

- **First step: Calculate neutron fluence at point A**
- **Second step: Calculate unshielded capture gamma dose rate at protected location** – **Uses neutron fluence at point A**
- **Third step: Calculate unshielded neutron doseequivalent rate at protected location**
	- **Uses neutron fluence at point A**
- **Fourth step: Calculate attenuation of maze neutrons & capture gammas by the shielding at the near side of the entrance**









**Maze neutron dose-equivalent** 

$$
H_{n} = W_{Ln} H_{n,D}
$$

 **Add a factor of 5 margin** – **Since this particular geometry is only similar to a maze, not an exact match**













# **Example 3: Direct Shielded Door Near Side of Example 3: Direct Shielded Door Near Side of Entrance Shielded Dose Rate Calculation [1 of 9]**

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 **Material added to wall selected as required to make shielded dose rate less than dose limit**

### **Example 3: Direct Shielded Door Near Side of Example 3: Direct Shielded Door Near Side of Entrance Shielded Dose Rate Calculation [2 of 9]**

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### Page 51 **Example 3: Direct Shielded Door Near Side of Entrance Shielded Dose Rate Calculation [5 of 9]**



### **Example 3: Direct Shielded Door Near Side of Entrance Shielded Dose Rate Calculation [6 of 9]**

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# **Example 3: Direct Shielded Door Near Side of Entrance Shielded Dose Rate Calculation [8 of 9]**







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# **Contact Information**

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